# Agenda Item 6a



#### LINCOLNSHIRE HEALTH AND WELLBEING BOARD

# Open Report on behalf of Tony McGinty, Interim Director of Public Health

Report to Lincolnshire Health and Wellbeing Board

Date: **07 March 2017** 

Subject: Annual Report of the Director of Public Health on the

Health of the People of Lincolnshire 2016

### **Summary:**

The Annual Report on the Health of the People of Lincolnshire from the Director of Public Health is an independent statutory report to Lincolnshire County Council. The report raises issues of importance to the health of the population of Lincolnshire.

## **Actions Required:**

The Lincolnshire Health and Wellbeing Board is requested to receive the Annual Report on the Health of the People of Lincolnshire from the Interim Director of Public Health and consider the recommendations included in each chapter.

# 1. Background

It is a statutory duty of the Director of Public Health to produce an annual report on the health of the people of the area he/she serves. It is a statutory duty on the local authority for that area (in this case the Council) to publish that Report. The report attached at Appendix A is the latest report of the Director of Public Health for Lincolnshire. The report is not an annual account of the work of the Public Health Team, but an independent professional view of the state of the health of the people of Lincolnshire, with recommendations on the action needed by a range of organisations and partnerships.

As Interim Director of Public Health, this is my first annual description of the state of the health of the people of Lincolnshire, and one I have enjoyed working with my colleagues to design and compile.

I decided this year to focus on the mental health and mental illness profile of local people. My decision was based on the principle best described as 'no health without mental health',

which leads us to a definition of mental health as a resource, rather than simply a state involving the absence of illness or distress.

Good mental health is a valid goal in, and of, itself for individuals and communities to pursue. However, it is also a prerequisite for people to achieve their goals and potential in life; to support their ability to make good choices and protect themselves from harm. Many different factors can support or challenge the mental health of individuals and communities, and these have more or less effect at different points in people's lives. For this reason my report is presented as a series of points along the average life-course, highlighting the risks and opportunities to mental health at each of these stages of life.

#### 2. Conclusion

The statutory Annual Report of the Interim Director of Public Health on the health of the people of Lincolnshire has now been prepared and the Lincolnshire Health and Wellbeing Board is asked to receive and note the recommendations included in each chapter.

#### 3. Consultation

This is not a consultation item.

# 4. Appendices

These are listed below and attached at the back of the report	
	Annual Report of the Director of Public Health on the Health of the People of Lincolnshire 2016

#### 5. Background Papers

No background papers within Section 100D of the Local Government Act 1972 were used in the preparation of this report.

This report was written by Tony McGinty, who can be contacted on 01522 554229 or tony.mcginty@lincolnshire.gov.uk